

COURSE OUTLINE PHILOSOPHY OF SPORT

1. GENERAL

SCHOOL	PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY		
DEPARTMENT	PHYSICAL EDUCATION AND SPORT SCIENCE		
LEVEL OF STUDIES	ISCED level 6 – Bachelor's or equivalent level		
COURSE CODE	C031	SEMESTER	3 rd and 4 th
COURSE TITLE	PHILOSOPHY OF SPORT		
TEACHING ACTIVITIES <i>If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.</i>		TEACHING HOURS PER WEEK	ECTS CREDITS
		2	3
<i>Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.</i>			
COURSE TYPE <i>Background, General Knowledge, Scientific Area, Skill Development</i>	SCIENTIFIC AREA SKILL DEVELOPMENT		
PREREQUISITES:	None		
TEACHING & EXAMINATION LANGUAGE:	Greek		
COURSE OFFERED TO ERASMUS STUDENTS:	None		
COURSE URL:	https://eclass.duth.gr/courses/KOM02397/		

2. LEARNING OUTCOMES

Learning Outcomes <i>Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.</i>	
Upon the completion of this course the student will be able to: <ul style="list-style-type: none"> • <i>The subject of athletic philosophy in antiquity focusing on the views of Plato and Aristotle.</i> • <i>The values and the attributes of modern athletics, as well as its' contribution to moral development.</i> • <i>The most important problems of modern athletics.</i> • <i>The evolution of sports in modern world.</i> 	
General Skills <i>Name the desirable general skills upon successful completion of the module</i>	
<i>Search, analysis and synthesis of data and information, ICT Use Adaptation to new situations Decision making Autonomous work Teamwork Working in an international environment Working in an interdisciplinary environment Production of new research ideas</i>	<i>Project design and management Equity and Inclusion Respect for the natural environment Sustainability Demonstration of social, professional and moral responsibility and sensitivity to gender issues Critical thinking Promoting free, creative and inductive reasoning</i>

3. COURSE CONTENT

1. The concept and the content of the philosophy of sport - The view of physical education and sport in the philosophy of Plato and Aristotle.
2. The background of sports philosophy
3. The game – contest – athletics - exercise: philosophical research
4. The value of sports
5. Contribution of sports to the moral development of children.
6. The philosophy of Olympism in modern times - Idealism and realism to the Olympic idea.
7. Fair play, athletic behavior, trickery and cheat in sports.
8. The problem of doping.
9. Violence and sports.
10. Women and athletics - Religious and social prejudices
11. Sports and multiculturalism
12. Body and sports. Body image and exercise
13. Sports and religion

4. LEARNING & TEACHING METHODS - EVALUATION

TEACHING METHOD <i>Face to face, Distance learning, etc.</i>	Face to face lectures	
USE OF INFORMATION & COMMUNICATIONS TECHNOLOGY (ICT) <i>Use of ICT in Teaching, in Laboratory Education, in Communication with students</i>	Use of ICT in Teaching <ul style="list-style-type: none"> • Digital Transparencies • Videos • MsTeams/e-class/webmail 	
TEACHING ORGANIZATION <i>The ways and methods of teaching are described in detail.</i> <i>Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.</i> <i>The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.</i>	Activity	Workload/semester
	Lectures	26
	Written essay	25
	Study and analysis of literature	21
	Exams	3
	Total	75
STUDENT EVALUATION <i>Description of the evaluation process</i> <i>Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic</i>	<ul style="list-style-type: none"> • Written essay (30%), • Written examination (70%) 	

interpretation, Other/Others

Please indicate all relevant information about the course assessment and how students are informed

5. SUGGESTED BIBLIOGRAPHY

- 1 Giosos G. (2024). *Issues on Philosophy of Sport*. Athens: Propompos
- 2 Mechikoff R. A. (translated by Giosos I., Albanidis E., Anastasiou A.) (2019). *History and philosophy of Sports, Sports and Physical Education*. Athens: Broken Hill Publishers Ltd.
- 3 Steven A. Stolz (transl. Giosos I.) (2020). *Philosophy of Physical Education*, Athens: Propompos
- 4 Mouratidis, J. (1994). *Philosophical subject of physical education*. Thessaloniki: Christodoulidis publications.
- 5 Giosos, J. (2000). *Olympic and athletic education*. Athens: Propobos publications

ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

Teacher (full name):	Evangelos Albanidis
Contact details:	valbanid@phyed.duth.gr
Supervisors:	YES
Evaluation methods:	Written essay (30%), online written examination (70%)
Implementation Instructions:	<p>The course examination will take place on the day of the examination, according to the examination program.</p> <p>The examination will be carried out through E-CLASS and Microsoft Teams. The link will be sent to students via e-class exclusively to the institutional accounts of those who have registered for the course and have learned the terms of distance education.</p> <p>In Microsoft Teams students will have to log in to the examination room through their institutional account, otherwise they will not be able to participate. Before the start of the exam, students will show their identity to the camera, so that they can be identified.</p>